



Milton Keynes North School Sports Partnership

Supporting the delivery of
P.E. and Health & Wellbeing
in schools and in the home



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Easter Family Challenge



Waiver

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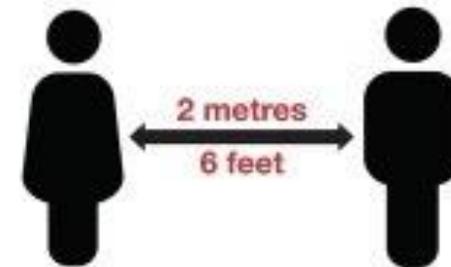
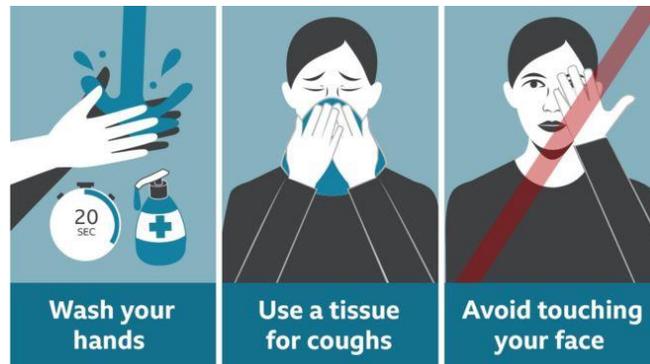
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Covid-19 guidelines

Outside of your household:



Stay at least 2 metres (6 feet) away from other people



Happy Active Easter



Mrs Brown had to help the youngest boy and girl. The oldest child liked a colour that starts with the letter B.

Joey is not the youngest child

The child with the blue striped egg helped the child with the purple striped egg when Mrs. Brown was helping Joey.

Mrs. Brown helped her four children to colour eggs for Easter. The two boys and two girls are 2, 4, 7 and 9 years old. Their names are Sarah, Amanda, Joey and Tommy. They coloured two eggs each, one a solid colour and one was the same colour with a white stripe.

The problem:

Mrs Brown is "having a senior moment" and can't remember what eggs her children have or how old they are. Can you help her work it out?

To start:

Choose the largest available place to play this game. Cut out the clues in the boxes and place at one end of the room/garden. You/your child start at the other end.

You have to complete an activity* to earn a clue. Keep going until you have earned all clues and then try and solve the puzzle.

*Could be as simple as 10 runs across the room - pick up clue, then 10 side steps etc OR hop 20 times to the shed and get a clue then high knees to the patio door for next clue. It's up to you !!

Amanda and Sarah are very happy to be sisters and they both liked the same colour. When they finish they are going to switch their striped eggs, then they will each have a blue and a purple egg

Tommy is 7 years old and his brother's favourite colour is red

Sarah kind of likes purple too



Logic puzzle answers:

Sarah, age 9, coloured her egg blue.

Amanda, age 2, coloured her egg purple.

Joey, age 4, coloured his egg red.

Tommy, age 7, coloured his egg green.

Happy Easter

More Easter Activities

Easter Egg Hunt



1. Start by hard boiling some eggs



2. Decorate them with paint, colouring pens or stickers



3. Get an adult to hide them in the garden or an open space where you can run around



4. Maybe include a few chocolate ones as a reward



5. Run around and find all the eggs



Egg and Spoon Race



Use your boiled eggs and set up an Egg and Spoon race!

Add a twist by wearing bunny ears and hop from place to place.



Why not make your own bunny ears?

Add more Easter charm by using themed props: dress-up relay, with bunny tails and noses

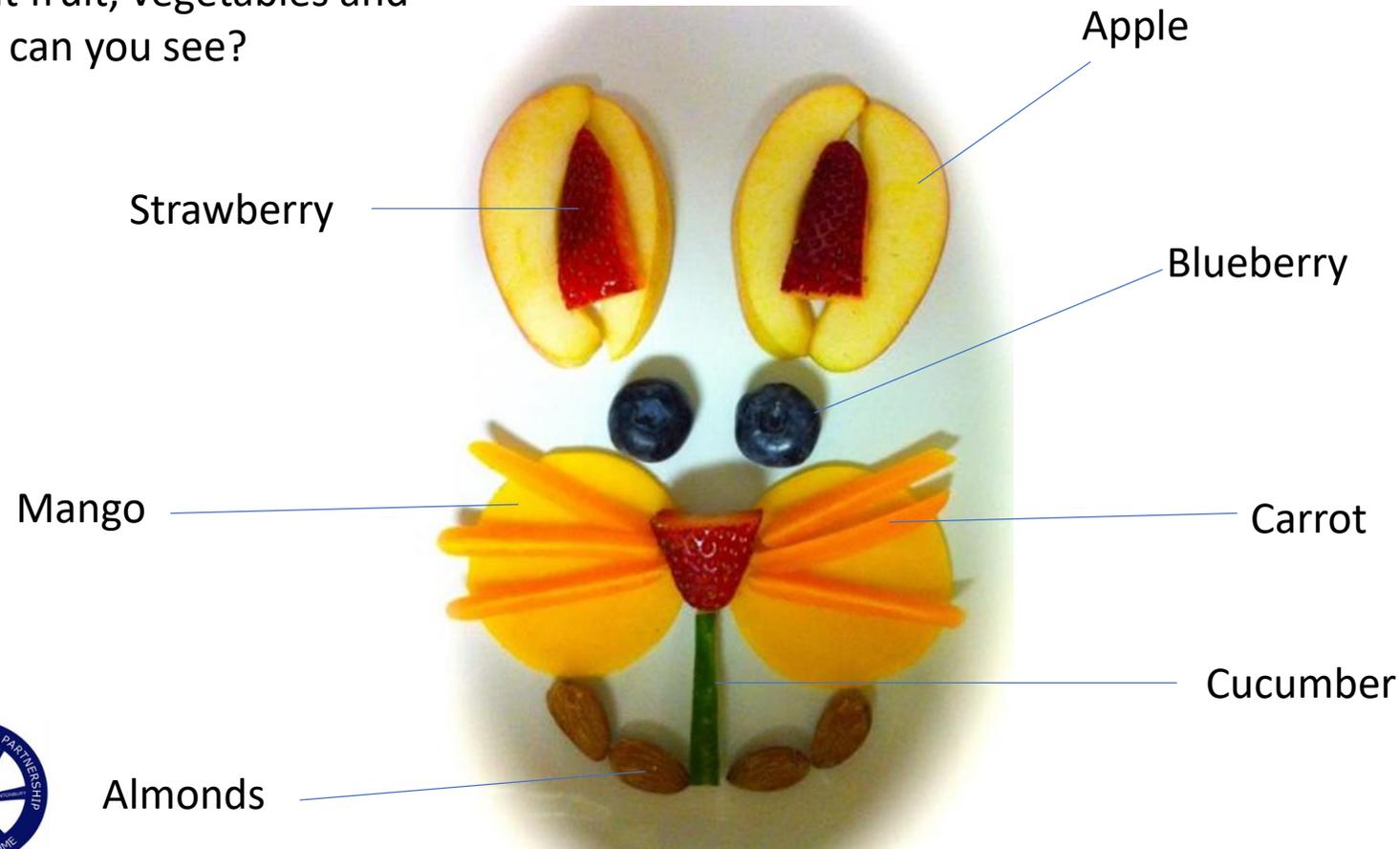


Food Ideas

Chocolate eggs aren't the only Easter themed food you can enjoy!

Why not try and create an edible Easter picture with fruit and vegetables?

What fruit, vegetables and nuts can you see?



Food Ideas

And this one has...

- ❖ Bread face
- ❖ Banana ears
- ❖ Celery grass
- ❖ A carrot



Food Ideas

Have any of these left after Easter?

Why not try making Egg ice lollies with fruit juice



Or decorate them to make animals



Food Ideas

Why not try melting your chocolate and have a fondue with different fruits?

What fruits do you think would taste nice dipped in chocolate?



Strawberries



Bananas



Apples



Grapes



Pineapple

You could always decorate the chocolate dipped fruit with chopped nuts or ice cream sprinkles and give them to friends and family as Easter gifts

